

# Paige Sealey

## PROFILE

I am an outgoing individual seeking an opportunity to interact with and inspire others. I am positive, motivated and goal driven. I take pride in what I do and believe I deliver excellent energy and exceptional customer service with natural leadership skills and a passion for people.

## EXPERIENCE

### **Performer/Dance Captain; Norwegian Creative Studios — 2020-2022**

Performer and leadership role of Dance Captain in “Prohibition: The Musical” aboard the Norwegian Bliss.

### **Key Leader/Educator, Lululemon; Victoria BC, San Diego CA, New York NY — 2012 - 2021**

Have worked various locations and positions within the reputable athletic brand company including promotion to Key Leader with specialization in product as Inventory Lead and head of supplies. Implemented many new strategies for success, delivered people focused leadership and acted as on duty manager on occasion.

### **Leader, Annex Fitness; Victoria, BC — 2020-2021**

Fitness instructor curating playlist and classes in the Annex barre method for both in person group classes as well as demonstrates and records for at home audience.

### **Instructor, Alive Mindbody; Victoria, BC — 2020-2021**

Group fitness instructor leading classes in various styles to a dedicated community of sold out classes. Specialized classes for both in person and virtual offerings.

### **Dance Instructor, Rhythm & Soul Dance; Victoria, BC — 2020-2021**

Choreographs, prepares and leads adult drop in classes at local studio with emphasis on positivity, inclusivity, confidence and empowerment.

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### **Sales Associate, OrangeTheory Fitness; Victoria, BC — 2020-2021**

Front desk staff and franchised fitness studio. Focus on membership care, sales and enhanced cleaning duties.

### **Trainer/Ambassador, JetSweat Fitness — 2019-2021**

Represents platform on social media and instructs at home workout videos both live and on demand to a broad audience.

**Key Holder, Merchant Quarters General Store; Victoria, BC — 2020**

Hired in as key holder for new, local boutique. Team management responsibilities, specialized customer service, in charge of special orders and assisted buying.

**Judge/Stage Manager, Legacy Dance Championships; USA — 2014 - 2020**

Gives expertise on the judges panel and assistance backstage for dance competitions all over the United States.

**Choreographer/Talent Liason, Be Discovered Inc.; North America — 2016 - 2020**

Instructor in charge of dancers involved in professional youth dance programs across the country. Over sees program operations and direct communication with company owner. Creates new works to be performed at showcases and teaches master classes. Assists with general admin.

**Instructor/Receptionist, Pop Physique; New York, NY — 2017 - 2020**

Barre fitness instructor at boutique studios in Manhattan. Lead group classes in ballet based barre method. Selected to be part of the opening team of a new studio. Also performed receptionist duties and is fully versed in Mindbody.

**Brand Ambassador, Perfect 10 Promotions; New York, NY — 2018 - 2020**

Part of a promotional team trained in brand knowledge and guest facing experiences representing various companies for high profile events.

**Special Events, Walt Disney Company; New York, NY — 2019 - 2020**

Selected as a performer representing the company in New York City.

**Trainer, ModelFIT; New York, NY — 2019**

Group fitness instructor leading classes in Sculpt, Cardio Sculpt and Dance Cardio at upscale, boutique studio. Social Media advertisement to fill classes. Personally curated playlists. Opportunity for one-on-one training sessions and participation in filming of online streaming classes.

**Bartender, Sweet Hospitality Group; New York, NY — 2018 - 2019**

Bartender, concession and coat check sales and service for a variety of prestigious Broadway theaters in Midtown Manhattan.

**Performance Director, TCG Entertainment; North American Tour — 2018 - 2019**

Worked alongside the choreographer as an associate and acted as Stage Manager, Wardrobe Head and Performance Director leading rehearsals, meetings and note sessions for the holiday tour of "Cirque Musica: Wonderland".

**Ambassador, Tiffany & Co.; San Diego, CA — 2016 - 2017**

Seasonal Ambassador of the prestigious jewelry store assisting in seamless guest transactions and customized shopping experiences and handling high cash counts.

**Assistant, The Prepared Performer; Orange, CA — 2016**

Online and in person business operation assistance.

**Host, Frankie's Modern Diner; Victoria, BC — 2016**

Head hostess on the opening team of downtown restaurant.

**Sales Associate, J. Crew; Costa Mesa, CA — 2016**

Seasonal position working directly with guests on the sales floor.

**Performer, FELD Entertainment; Southeast Asia & Japan Tour — 2015 - 2016**

Performed and traveled with "Disney Live! Mickey's Music Festival".

**Performer, Disneyland; Anaheim, CA — 2013 - 2016**

Full time performer of featured role in union stage show and seasonal parade performer.

**Server/Host, Old Spaghetti Factory; Victoria, BC — 2012**

Head Hostess and Server and the popular tourist destination and Historical Downtown Victoria restaurant.

**Host, Zambri's; Victoria, BC — 2011**

Hostess at the upscale and top rated Italian restaurant in Downtown Victoria.

**Performer, Disney Cruise Line; Worldwide — 2010 - 2013**

Performer and leadership role of Character Line Captain for four contracts aboard their luxury liners. Also performed interactive duties maintaining high level of standards in hospitality and service for guests on board.

**VoluntEAR, Walt Disney Company; Worldwide — 2010 - 2013**

Volunteer for the Walt Disney Company hosted events spreading joy all over the world.

**Server, Original Joe's; Calgary, AB — 2009 - 2010**

Hosted, served tables, bussed tables, ran food and drinks at neighborhood pub.

**Brand Ambassador, Gearwerx Experiential Marketing; Calgary, AB — 2009 - 2010**

Was the face of the company as a Brand Ambassador promoting products and distributing samples while interacting with the public and sharing brand knowledge.

**Host, Jack Astor's Bar & Grill, Toronto, ON — 2008 - 2009**

Head Hostess running the podium at busy and popular location in the heart of Dundas Square.

**Sales Associate, Toes 'n' Taps Dance Shoppe, Victoria, BC — 2007 - 2008**

Worked on the floor and in the back of store as well as fittings, cash register and computer systems at the top dance supply store.

**Sales Associate, Fruits & Passion; Victoria, BC — 2006 - 2007**

Competitive sales associate with extensive product knowledge and assisted in the creation of store displays.

**EDUCATION**

Disney University — Train the Trainer Leadership Certificate, 2011

Post Secondary Dance Programs; Canada — Professional Training, 2008 - 2010

Oak Bay Secondary School; Victoria, BC — High School Diploma, 2008 \*graduated one year early

**SKILLS**

Strong leader, great communicator, inspirational, driven, motivated, goal-orientated, people person, ability to multitask, perfectionist, outgoing, organized, creative, dependable, problem solver, strength in sales, inventory expertise, cash deposits, management skills, MindBody.

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